



Practice and Game Cancellation Policy Due to Heat or Unhealthy Air

It is the policy of the Loomis Youth Soccer Club that physical activity outdoors for children during extreme heat or unhealthy air is not in the best interests of the child. Therefore, the following practice and game cancellation policies apply to all LYSC recreational and competitive teams:

The following temperature parameters applies to all LYSC practices:

Temperature:

- If the temperature in Loomis, California is equal to or greater than 100 degrees (F) at the time of practice, as measured on www.weather.com (typing in Loomis, CA as location), coaches are strongly encouraged to cancel practice, and/or conduct a limited exertion i.e. set pieces, "chalk talk" or "walk through" practice. Coaches must keep a close eye on players showing signs of suffering from heat-related maladies.
- If the temperature in Loomis, California is equal to or greater than 105 degrees (F) at the time of practice, as measured on www.weather.com (typing in Loomis, CA as location), **all practices for all LYSC teams MUST be cancelled.**

The following air quality parameters applies to all LYSC practices and games:

Air Quality:

- If the Air Quality in Roseville, Lincoln or Auburn, California is greater than 127 AQI – Air Quality Index, as measured at www.sparetheair.com (and clicking on Roseville, Lincoln, and Auburn, CA) coaches are strongly encouraged to cancel practice, and/or conduct a limited exertion, "chalk talk" or "walk through" practice. Games may proceed if, in the best judgement of the coaches and referees, the air is clear is enough to play.
- If the Air Quality in Roseville, Lincoln, or Auburn, California is greater than 149 AQI – Air Quality Index, as measured at www.sparetheair.com (and clicking on Roseville, Lincoln, and Auburn, CA) **all practices and games for all LYSC teams MUST be cancelled.**

- Since the nearest measurement sites for Air Quality are Roseville, Lincoln and Auburn, the air quality at these sites may not accurately reflect current conditions in Loomis, CA. The policies above are minimums. If the air quality at or near your practices site appears worse, in your best judgement, than that noted on the Spare the Air website, coaches are encouraged to cancel practice or games.

Coaches are expected to check temperature and air quality if it seems questionable so that there is adherence to the policy. Additionally, parents have the right remove their player or refrain from practice if they are concerned about weather temperature or air quality, even if the practice/game is in accordance with this policy.